

INGREDIENTS LIST

Mild Chicken

CHICKEN

MILD SEASONING: SALT, MONOSODIUM GLUTAMATE, SEASONINGS INCLUDING DRIED GARLIC AND DRIED ONION. LESS THAN 2% SOYBEAN OIL ADDED AS A PROCESS AID TO CONTROL DUST PARTIALLY HYDROGENATED SOYBEAN OIL, TBHQ AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR. DIMETHYLPOLYSILOXANE, AN ANTIFOAMING AGENT ADDED.] **CONTAINS:** MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND / OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). **CONTAINS:** WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. **CONTAINS:** WHEAT

Spicy Chicken

CHICKEN

SPICY SEASONING: SALT, SELECTED BLEND OF CAPSICUMS INCLUDING PAPRIKA, GARLIC, MONOSODIUM GLUTAMATE, CUMIN AND MUSTARD. **CONTAINS:** MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND/OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). **CONTAINS:** WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. **CONTAINS:** WHEAT

Nuggets:

PREDUSTED WITH BLEACHED WHEAT FLOUR, WHEAT GLUTEN, DRIED EGG WHITES, SALT. **CONTAINS:** WHEAT, EGG

SEASONING: SALT, MONOSODIUM GLUTAMATE, SPICES INCLUDING PAPRIKA, DRIED ONION, AND DRIED GARLIC, MODIFIED FOOD STARCH, SODIUM PHOSPHATES. **CONTAINS**: MSG
POULTRY BATTER: WATER, ENRICHED BLEACHED WHEAT FLOUR [NIAICIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOVLAVIN, FOLIC ACID] FOOD STARCH MODIFIED, SALT, YELLOW CORN FLOUR, SEASONING SUB PORTION {(ENRICHED BLEACHED WHEAT FLOUR [ENRICHED WITH NIAICIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SALT, SUGAR, DRIED WHOLE EGGS, FD&C YELLOW #5, (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT OR TUMERIC EXTRACT), NONFAT DRIED MILK, LEAVENING [SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE], MICROCRYSTALLINE CELLULOSE, SPICES, NATURAL FLAVOR [COOKED TURKEY AND NATURAL FLAVOR (ROSEMARY EXTRACTIVE), CORN SYRUP SOLIDS], BUTTERMILK SOLIDS, ALBUMIN POWDER, VINEGAR POWDER [MALTODEXTRIN, VINEGAR], MUSTARD FLOUR, POWDERED CELLULOSE, METHYLCELLULOSE, LEAVENING [SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE], SUGAR. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS. **CONTAINS**: WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: ENRICHED BLEACHED WHEAT FLOUR [NIAICIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], LEAVENING [SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE], SOYBEAN OIL, SUGAR AND SPICES INCLUDING PAPRIKA. **CONTAINS**: WHEAT.

BREADING SET IN VEGETABLE OIL.

Mild Chicken Strips

MARINATED CHICKEN STRIPS: CONTAINS UP TO 30 % OF A SOLUTION OF WATER, SEASONING (FOOD STARCH MODIFIED, MONOSODIUM GLUTAMATE, SALT, SEASONING MIX OF DRIED ONION, DRIED GARLIC, DRIED CELERY AND SPICES INCLUDING PAPRIKA, NATURAL FLAVOR (LACTIC ACID, AND POLYSORBATE 80 ADDED FOR EXTRACTION AND STABILITY), SEASONING (MODIFIED CORN STARCH, SALT, NATURAL FLAVORING, MONOSODIUM GLUTAMATE, ONION POWDER, GARLIC POWDER, MALTODEXTRIN, SILICON DIOXIDE), SEASONING (ISOLATED SOY PROTEIN, MODIFIED FOOD STARCH, CARAGEENAN WITH LESS THAN 2 % LECITHIN), SODIUM PHOSPHATES, MONO AND DIGLYCERIDES, AND MALTODEXTRIN. **CONTAINS**: SOY, MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIAICIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIAICIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND/OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). **CONTAINS**: WHEAT, EGG, MILK and YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. **CONTAINS**: WHEAT

Spicy Chicken Strips

MARINATED CHICKEN STRIPS: CONTAINING UP TO 30% OF A SOLUTION OF WATER, SEASONING (SALT, CAPSICUMS INCLUDING PAPRIKA, SALT, GARLIC, MONOSODIUM GLUTAMATE, CUMIN AND MUSTARD), ISOLATED SOY PROTEIN PRODUCT (ISOLATED SOY

PROTEIN, MODIFIED FOOD STARCH, STARCH, CARRAGEENAN WITH LESS THAN 2% LECITHIN). SODIUM PHOSPHATE, STABILIZER (WATER, MONO AND DI-GLYCERIDES, SALT) MALTODEXTRIN, AND OLEORESIN PAPRIKA [NATURAL FLAVORING, COTTONSEED OIL, MONO AND DI-GLYCERIDES, TOCOPHEROL (ANTIOXIDANT)]. **CONTAINS:** SOY, MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND/OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). **CONTAINS:** WHEAT, EGG, MILK and YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. **CONTAINS:** WHEAT

Naked Chicken Tenders

MARINATED CHICKEN STRIPS: CONTAINS UP TO 30 % OF A SOLUTION OF WATER, SEASONING (FOOD STARCH MODIFIED, MONOSODIUM GLUTAMATE, SALT, SEASONING MIX OF DRIED ONION, DRIED GARLIC, DRIED CELERY AND SPICES INCLUDING PAPRIKA, NATURAL FLAVOR (LACTIC ACID, AND POLYSORBATE 80 ADDED FOR EXTRACTION AND STABILITY), SEASONING (MODIFIED CORN STARCH, SALT, NATURAL FLAVORING, MONOSODIUM GLUTAMATE, ONION POWDER, GARLIC POWDER, MALTODEXTRIN, SILICON DIOXIDE), SEASONING (ISOLATED SOY PROTEIN, MODIFIED FOOD STARCH, CARAGEENAN WITH LESS THAN 2 % LECITHIN), SODIUM PHOSPHATES, MONO AND DIGLYCERIDES, AND MALTODEXTRIN. **CONTAINS:** SOY, MSG
NAKED SEASONING: SELECTED BLEND OF SPICES INCLUDING PAPRIKA, SEASONING BLEND OF DRIED GARLIC AND DRIED ONION, SALT. **CONTAINS:** SOY, MSG

NAKED SEASONING: SELECTED BLEND OF SPICES INCLUDING PAPRIKA, SEASONING [DRIED GARLIC AND DRIED ONION], SALT, LESS THAN 2% SILICON DIOXIDE ADDED TO PREVENT CLUMPING, LESS THAN 2% SOYBEAN OIL [PARTIALLY HYDROGENATED SOYBEAN OIL. TBHQ AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR. DIMETHYLOPOLYSILOXANE, AN ANTIFOAMING AGENT ADDED TO CONTROL DUSTING].

Loaded Chicken Wrap

SPICY MARINATED CHICKEN STRIPS: CONTAINING UP TO 30% OF A SOLUTION OF WATER, SEASONING (SALT, CAPSICUMS INCLUDING PAPRIKA, SALT, GARLIC, MONOSODIUM GLUTAMATE, CUMIN AND MUSTARD), ISOLATED SOY PROTEIN PRODUCT (ISOLATED SOY PROTEIN, MODIFIED FOOD STARCH, STARCH, CARRAGEENAN WITH LESS THAN 2% LECITHIN). SODIUM PHOSPHATE, STABILIZER (WATER, MONO AND DI-GLYCERIDES, SALT) MALTODEXTRIN, AND OLEORESIN PAPRIKA [NATURAL FLAVORING, COTTONSEED OIL, MONO AND DI-GLYCERIDES, TOCOPHEROL (ANTIOXIDANT)]. **CONTAINS:** SOY, MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO

CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND/OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). **CONTAINS:** WHEAT, EGG, MILK and YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. **CONTAINS:** WHEAT

RICE: RICE (ENRICHED PRECOOKED LONG GRAIN RICE (RICE, NIACIN, IRON, THIAMINE MONONITRATE, FOLIC ACID).

RED RICE SEASONING: SALT, SEASONING [DRIED ONION ,DRIED GARLIC], SPICES INCLUDING PAPRIKA, NOT MORE THAN 2% SILICON DIOXIDE OR SODIUM ALUMINUM SILICATE ADDED TO PREVENT CAKING, LESS THAN 2% SOYBEAN OIL ADDED AS A PROCESS AID TO CONTROL DUST [PARTIALLY HYDROGENATED SOYBEAN OIL. TBHQ AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR. DIMETHYLOPOLYSILOXANE, AN ANTIFOAMING AGENT ADDED

RED BEANS : WATER, RED KIDNEY BEANS, PORKFAT [CURED WITH WATER, SALT, NATURAL SMOKE FLAVORS (PARTIALLY HYDROGENATED SOYBEAN OIL AND NATURAL WOOD SMOKE FLAVORS), SODIUM PHOSPHATE, SUGAR, BROWN SUGAR, SODIUM NITRITE], RED BEAN SEASONING MIX (SALT, SPICES INCLUDING PAPRIKA AND PARSLEY, DRIED GARLIC, AND MONOSODIUM GLUTAMATE], DRIED ONIONS. MAY CONTAIN MODIFIED FOOD STARCH.
CONTAINS: SOY, MSG

DRESSING: SOYBEAN OIL, WATER, SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES AND SOYBEAN LECITHIN, SODIUM BENZOATE (ADDED AS A PRESERVATIVE), LACTIC ACID ADDED TO HELP PROTECT FLAVOR. ARTIFICIAL FLAVOR CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, COLORED WITH BETA CAROTENE, VITAMIN A PALMITATE ADDED. **CONTAINS:** SOY

CHEDDAR CHEESE TORTILLA: ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (SOYBEAN OIL, HYDROGENATED SOYBEAN OIL AND / OR PALM OIL), CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SEASONING [SALT,MALTODEXTRIN, ONION POWDER, AUTOLYZED YEAST EXTRACT, GARLIC POWDER, CITRIC ACID, MODIFIED CORN STARCH, PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL, NATURAL AND ARTIFICIAL FLAVOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, ARTIFICIAL COLOR (FD&C YELLOW # 5, FD&C YELLOW #6), AND NOT MORE THAN 2% SILICON DIOXIDE ADDED (AS ANTICAKING AGENT)], SALT, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE, CORN STARCH, MONOCALCIUM PHOSPAHATE AND/OR SODIUM ACID PYROSPHOSPHATE, CALCIUM SULFATE), DOUGH CONDITIONERS (FUMARIC ACID, SODIUM METABISULFITE), PRESERVATIVES (CALCIUM PROPINATE, SORBIC ACID AND/OR CITRIC ACID).
CONTAINS: WHEAT

Naked Chicken Wrap

NAKED TENDERS

MARINATED CHICKEN STRIPS: CONTAINS UP TO 30 % OF A SOLUTION OF WATER, SEASONING (FOOD STARCH MODIFIED, MONOSODIUM GLUTAMATE, SALT, SEASONING MIX OF DRIED

ONION, DRIED GARLIC, DRIED CELERY AND SPICES INCLUDING PAPRIKA, NATURAL FLAVOR (LACTIC ACID, AND POLYSORBATE 80 ADDED FOR EXTRACTION AND STABILITY), SEASONING (MODIFIED CORN STARCH, SALT, NATURAL FLAVORING, MONOSODIUM GLUTAMATE, ONION POWDER, GARLIC POWDER, MALTODEXTRIN, SILICON DIOXIDE), SEASONING (ISOLATED SOY PROTEIN, MODIFIED FOOD STARCH, CARRAGEENAN WITH LESS THAN 2 % LECITHIN), SODIUM PHOSPHATES, MONO AND DIGLYCERIDES, AND MALTODEXTRIN. CONTAINS: SOY, MSG
NAKED SEASONING: SELECTED BLEND OF SPICES INCLUDING PAPRIKA, SEASONING BLEND OF DRIED GARLIC AND DRIED ONION, SALT.

NAKED SEASONING: SELECTED BLEND OF SPICES INCLUDING PAPRIKA, SEASONING [DRIED GARLIC AND DRIED ONION], SALT, LESS THAN 2% SILICON DIOXIDE ADDED TO PREVENT CLUMPING, LESS THAN 2% SOYBEAN OIL [PARTIALLY HYDROGENATED SOYBEAN OIL. TBHQ AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR. DIMETHYLOPOLYSILOXANE, AN ANTIFOAMING AGENT ADDED TO CONTROL DUSTING].

CHEDDAR CHEESE TORTILLA: ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (SOYBEAN OIL, HYDROGENATED SOYBEAN OIL AND / OR PALM OIL), CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SEASONING [SALT, MALTODEXTRIN, ONION POWDER, AUTOLYZED YEAST EXTRACT, GARLIC POWDER, CITRIC ACID, MODIFIED CORN STARCH, PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL, NATURAL AND ARTIFICIAL FLAVOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, ARTIFICIAL COLOR (FD&C YELLOW # 5, FD&C YELLOW #6), AND NOT MORE THAN 2% SILICON DIOXIDE ADDED (AS ANTICAKING AGENT)], SALT, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE, CORN STARCH, MONOCALCIUM PHOSPHATE AND/OR SODIUM ACID PYROSPHOSPHATE, CALCIUM SULFATE), DOUGH CONDITIONERS (FUMARIC ACID, SODIUM METABISULFITE), PRESERVATIVES (CALCIUM PROPIONATE, SORBIC ACID AND/OR CITRIC ACID).
CONTAINS: WHEAT

LETTUCE

Po' Boys

SPICY MARINATED CHICKEN STRIPS: CONTAINING UP TO 30% OF A SOLUTION OF WATER, SEASONING (SALT, CAPSICUMS INCLUDING PAPRIKA, SALT, GARLIC, MONOSODIUM GLUTAMATE, CUMIN AND MUSTARD), ISOLATED SOY PROTEIN PRODUCT (ISOLATED SOY PROTEIN, MODIFIED FOOD STARCH, STARCH, CARRAGEENAN WITH LESS THAN 2% LECITHIN), SODIUM PHOSPHATE, STABILIZER (WATER, MONO AND DI-GLYCERIDES, SALT) MALTODEXTRIN, AND OLEORESIN PAPRIKA [NATURAL FLAVORING, COTTONSEED OIL, MONO AND DI-GLYCERIDES, TOCOPHEROL (ANTIOXIDANT)]. **CONTAINS:** SOY, MSG

MILD MARINATED CHICKEN STRIPS: CONTAINS UP TO 30 % OF A SOLUTION OF WATER, SEASONING (FOOD STARCH MODIFIED, MONOSODIUM GLUTAMATE, SALT, SEASONING MIX OF DRIED ONION, DRIED GARLIC, DRIED CELERY AND SPICES INCLUDING PAPRIKA, NATURAL FLAVOR (LACTIC ACID, AND POLYSORBATE 80 ADDED FOR EXTRACTION AND STABILITY), SEASONING (MODIFIED CORN STARCH, SALT, NATURAL FLAVORING, MONOSODIUM GLUTAMATE, ONION POWDER, GARLIC POWDER, MALTODEXTRIN, SILICON DIOXIDE), SEASONING (ISOLATED SOY PROTEIN, MODIFIED FOOD STARCH, CARRAGEENAN WITH LESS THAN 2 % LECITHIN), SODIUM PHOSPHATES, MONO AND DIGLYCERIDES, AND MALTODEXTRIN.
CONTAINS: SOY, MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED

BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND/OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). **CONTAINS:** WHEAT, EGG, MILK and YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. **CONTAINS:** WHEAT

NAKED TENDERS: CONTAINS UP TO 30 % OF A SOLUTION OF WATER, SEASONING (FOOD STARCH MODIFIED, MONOSODIUM GLUTAMATE, SALT, SEASONING MIX OF DRIED ONION, DRIED GARLIC, DRIED CELERY AND SPICES INCLUDING PAPRIKA, NATURAL FLAVOR (LACTIC ACID, AND POLYSORBATE 80 ADDED FOR EXTRACTION AND STABILITY), SEASONING (MODIFIED CORN STARCH, SALT, NATURAL FLAVORING, MONOSODIUM GLUTAMATE, ONION POWDER, GARLIC POWDER, MALTODEXTRIN, SILICON DIOXIDE), SEASONING (ISOLATED SOY PROTEIN, MODIFIED FOOD STARCH, CARAGEENAN WITH LESS THAN 2 % LECITHIN), SODIUM PHOSPHATES, MONO AND DIGLYCERIDES, AND MALTODEXTRIN. CONTAINS: SOY, MSG
NAKED SEASONING: SELECTED BLEND OF SPICES INCLUDING PAPRIKA, SEASONING BLEND OF DRIED GARLIC AND DRIED ONION, SALT.

NAKED SEASONING: SELECTED BLEND OF SPICES INCLUDING PAPRIKA, SEASONING [DRIED GARLIC AND DRIED ONION], SALT, LESS THAN 2% SILICON DIOXIDE ADDED TO PREVENT CLUMPING, LESS THAN 2% SOYBEAN OIL [PARTIALLY HYDROGENATED SOYBEAN OIL. TBHQ AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR. DIMETHYLOPOLYSILOXANE, AN ANTIFOAMING AGENT ADDED TO CONTROL DUSTING].

POPCORN SHRIMP: SHRIMP, WATER, BLEACHED ENRICHED WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), SALT, CORN STARCH MODIFIED, METHYL CELLULOSE, SEASONING SUB PORTION (ENRICHED BLEACHED WHEAT FLOUR ((NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID)), SUGAR, DRIED WHOLE EGGS (POWDERED), FD&C YELLOW #5, YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, #2, BEET COLOR AND ANNATTO EXTRACT, OR TURMERIC, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE & PHOSPHATE), MONOSODIUM GLUTAMATE, MICROCRYSTALLINE CELLULOSE, SPICES, NATURAL FLAVOR, CORN SYRUP SOLIDS, SOYBEAN OIL, PAPRIKA, SODIUM TRIPOLYPHOSPHATE TO RETAIN MOISTURE, AND SODIUM BISULFATE AS A PRESERVATIVE. **CONTAINS:** SHELLFISH, WHEAT, MILK, EGGS, AND SOY

PO' BOY BUN: ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, SALT, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL) YEAST, WHEAT GLUTEN, DOUGH CONDITIONER (WHEAT FLOUR, SODIUM STEAROYL LACTYLATE (SSL), GUAR GUM, DIACETYL TARTARIC ACID ESTERS OF MONO-DIGLYCERIDES (DATEM), ASCORBIC ACID, AXODICARBONAMIDE (ADA), ENZYMES, CALCIUM PEROXIDE, SOYA LECITHIN) MOMOGLYCERIDES, CALCIUM PROPIONATE (A PRESERVATIVE), MINERAL OIL.

MAYONNAISE: SOYBEAN OIL, DISTILLED WHITE VINEGAR, WATER, EGG YOLKS, SALT, SUGAR, MUSTARD FLOUR, ONION POWDER, LEMON JUICE CONCENTRATE, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, NATURAL FLAVOR. **CONTAINS:** SOY, EGGS

COCKTAIL SAUCE: WATER, TOMATO PASTE, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, DISTILLED VINEGAR, HORSERADISH, SALT, LEMON JUICE CONCENTRATE, POTASSIUM SORBATE AND SODIUM BENZOATE AS PRESERVATIVES, NATURAL FLAVORINGS AND SPICE.

BARBEQUE SAUCE: WATER, TOMATO PASTE, SUGAR, DISTILLED VINEGAR, CORN SYRUP, SPICE MIX (SUGAR, DRIED ONION, DRIED GARLIC, SPICES, SALT), NATURAL HICKORY SMOKE FLAVOR, FOOD STARCH-MODIFIED, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT, LESS THAN 0.1% SODIUM BENZOATE AS PRESERVATIVE), CARAMEL COLOR, POTASSIUM SORBATE AND SODIUM BENZOATE AS PRESERVATIVES. **CONTAINS:** WHEAT, SOY

PICKLES: PICKLES (CUCUMBERS, WATER, SALT) WATER, DISTILLED WHITE VINEGAR, SALT, ALUM, POTASSIUM SORBATE, ADDED AS A PRESERVATIVE, CALCIUM CHLORIDE, NATURAL FLAVORING, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, FD&C YELLOW NO. 5, GARLIC POWDER, POLYSORBATE 80

LETTUCE

Seafood

POPCORN SHRIMP: SHRIMP, WATER, BLEACHED ENRICHED WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), SALT, CORN STARCH MODIFIED, METHYL CELLULOSE, SEASONING SUB PORTION (ENRICHED BLEACHED WHEAT FLOUR ((NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID))), SUGAR, DRIED WHOLE EGGS (POWDERED), FD&C YELLOW #5, YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, #2, BEET COLOR AND ANNATTO EXTRACT, OR TURMERIC, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE & PHOSPHATE), MONOSODIUM GLUTAMATE, MICROCRYSTALLINE CELLULOSE, SPICES, NATURAL FLAVOR, CORN SYRUP SOLIDS, SOYBEAN OIL, PAPRIKA, SODIUM TRIPOLYPHOSPHATE TO RETAIN MOISTURE, AND SODIUM BISULFATE AS A PRESERVATIVE. **CONTAINS:** SHELLFISH, WHEAT, MILK, EGGS, AND SOY

BUTTERFLY SHRIMP: SHRIMP, WATER, BLEACHED ENRICHED WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), SALT, CORN STARCH MODIFIED, METHYL CELLULOSE, SEASONING SUB PORTION (ENRICHED BLEACHED WHEAT FLOUR ((NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID))), SUGAR, DRIED WHOLE EGGS (POWDERED), FD&C YELLOW #5, YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, #2, BEET COLOR AND ANNATTO EXTRACT, OR TURMERIC, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE & PHOSPHATE), MONOSODIUM GLUTAMATE, MICROCRYSTALLINE CELLULOSE, SPICES, NATURAL FLAVOR, CORN SYRUP SOLIDS, SOYBEAN OIL, PAPRIKA, SODIUM TRIPOLYPHOSPHATE TO RETAIN MOISTURE, AND SODIUM BISULFATE AS A PRESERVATIVE. **CONTAINS:** SHELLFISH, WHEAT, MILK, EGGS, AND SOY

SIDES

Biscuit

BLEACHED ENRICHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTERMILK (CULTURED LOW FAT MILK, NONFAT DRY MILK, FOOD STARCH, SALT, CARRAGEENAN, PECTIN), PALM OIL, BISCUIT BASE (ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, ANHYDROUS MONOCALCIUM PHOSPHATE), SALT, SUGAR, SODIUM STEAROL LACTATE, SUBPORTION BLEND (SALT, SUGAR, SPICE), ISOLATED WHEAT PROTEIN), POTASSIUM SORBATE, NATURAL & ARTIFICIAL FLAVOR **Contains:** WHEAT, MILK

Baguette

ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, SALT, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL) YEAST, WHEAT GLUTEN, DOUGH CONDITIONER (WHEAT FLOUR, SODIUM STEAROYL LACTYLATE (SSL), GUAR GUM, DIACETYL TARTARIC ACID ESTERS OF MONO-DIGLYCERIDES (DATEM), ASCORBIC ACID, AXODICARBONAMIDE (ADA), ENZYMES, CALCIUM PEROXIDE, SOYA LECITHIN) MOMOGLYCERIDES, CALCIUM PROPIONATE (A PRESERVATIVE), MINERAL OIL.

Cheddar Cheese Flavored Tortilla

ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (SOYBEAN OIL, HYDROGENATED SOYBEAN OIL AND / OR PALM OIL), CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SEASONING [SALT, MALTODEXTRIN, ONION POWDER, AUTOLYZED YEAST EXTRACT, GARLIC POWDER, CITRIC ACID, MODIFIED CORN STARCH, PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL, NATURAL AND ARTIFICIAL FLAVOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, ARTIFICIAL COLOR (FD&C YELLOW # 5, FD&C YELLOW #6), AND NOT MORE THAN 2% SILICON DIOXIDE ADDED (AS ANTICAKING AGENT)], SALT, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE, CORN STARCH, MONOCALCIUM PHOSPHATE AND/OR SODIUM ACID PYROSPHOSPHATE, CALCIUM SULFATE), DOUGH CONDITIONERS (FUMARIC ACID, SODIUM METABISULFITE), PRESERVATIVES (CALCIUM PROPIONATE, SORBIC ACID AND/OR CITRIC ACID). **CONTAINS:** WHEAT

Green Beans

GREEN BEANS: GREEN BEANS, WATER AND SALT.

TURKEY BACON GRAVY: WATER, ONION, DICED TURKEY (MECHANICALLY SEPARATED TURKEY, WATER, SALT, CORN SYRUP SOLIDS, DEXTROSE, SODIUM PHOSPHATE, SUGAR, SODIUM ERYTHORBATE, NATURAL FLAVORING, LIQUID SMOKE, SODIUM NITRITE), TURKEY BACON (MECHANICALLY SEPARATED TURKEY, WHITE TURKEY, DARK TURKEY, WATER, SALT, NATURAL SMOKE FLAVORING, SODIUM ERYTHORBATE, SODIUM NITRITE), LIQUID BISCUIT DRESSING (MADE FROM SOYBEAN OIL, WATER, SALT, HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES AND SOYBEAN LECITHIN, SODIUM BENZOATE (PRESERVATIVE), LACTIC ACID (TO PROTECT FLAVOR), ARTIFICIAL BUTTER FLAVOR (PARTIALLY HYDROGENATED SOYBEAN OIL, NATURAL AND ARTIFICIAL FLAVORS AND ACETIC ACID), CALCIUM DISODIUM EDTA (PRESERVATIVE), BETA CAROTENE (COLOR), VITAMIN A PALMITATE), FOOD STARCH

MODIFIED, ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHICKEN BASE [CHICKEN MEAT AND NATURAL CHICKEN JUICES, SALT, CHICKEN FAT, MONOSODIUM GLUTAMATE, SUGAR, DRIED WHEY, HYDROLYZED (CORN AND WHEAT GLUTEN, SOY) PROTEIN, NATURAL FLAVORING, AUTOLYZED YEAST EXTRACT AND NATURAL EXTRACTIVES OF TURMERIC AND ANNATTO], SEASONING [SALT, SPICES, MONOSODIUM GLUTAMATE], TURKEY BASE (TURKEY MEAT, SALT, MONOSODIUM GLUTAMATE, SUGAR, CHICKEN FAT, STARCH MODIFIED, NATURAL FLAVORING, DRIED WHEY, CARAMEL COLOR, TURKEY BROTH, AND CORN OIL), HAM FLAVOR (SALT, MALTODEXTRIN, AUTOLYZED YEAST EXTRACT, LACTOSE, SUGAR, FLAVORS, DEHYDRATED ONIONS, PALM OIL, DEHYDRATED GARLIC, SPICE), SMOKE FLAVOR [PARTIALLY HYDROGENATED SOYBEAN OIL AND NATURAL WOOD SMOKE FLAVORS], SEASONING (NATURAL FLAVORS [CONTAINS WATER, SMOKE AND PARTIALLY HYDROGENATED SOYBEAN OIL] AND POLYSORBATE 80). **CONTAINS:** SOY, MSG, MILK, AND WHEAT.

Red Beans and Rice

RICE: RICE (ENRICHED PRECOOKED LONG GRAIN RICE (RICE, NIACIN, IRON, THIAMINE MONONITRATE, FOLIC ACID)).

RED RICE SEASONING: SALT, SEASONING [DRIED ONION ,DRIED GARLIC], SPICES INCLUDING PAPRIKA, NOT MORE THAN 2% SILICON DIOXIDE OR SODIUM ALUMINUM SILICATE ADDED TO PREVENT CAKING, LESS THAN 2% SOYBEAN OIL ADDED AS A PROCESS AID TO CONTROL DUST [PARTIALLY HYDROGENATED SOYBEAN OIL. TBHQ AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR. DIMETHYLOPOLYSILOXANE, AN ANTIFOAMING AGENT ADDED]

RED BEANS : WATER, RED KIDNEY BEANS, PORKFAT [CURED WITH WATER, SALT, NATURAL SMOKE FLAVORS (PARTIALLY HYDROGENATED SOYBEAN OIL AND NATURAL WOOD SMOKE FLAVORS), SODIUM PHOSPHATE, SUGAR, BROWN SUGAR, SODIUM NITRITE], RED BEAN SEASONING MIX (SALT, SPICES INCLUDING PAPRIKA AND PARSLEY, DRIED GARLIC, AND MONOSODIUM GLUTAMATE),DRIED ONIONS. MAY CONTAIN MODIFIED FOOD STARCH.
CONTAINS: SOY, MSG

DRESSING: SOYBEAN OIL, WATER, SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES AND SOYBEAN LECITHIN, SODIUM BENZOATE (ADDED AS A PRESERVATIVE), LACTIC ACID ADDED TO HELP PROTECT FLAVOR. ARTIFICIAL FLAVOR CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, COLORED WITH BETA CAROTENE, VITAMIN A PALMITATE ADDED. **CONTAINS:** SOY

SALT

Mashed Potatoes

MASHED POTATOES: POTATO (DRY), BUTTER BLEND (NON DAIRY CREAMER [CORN SYRUP SOLIDS, PARTIALLY HYDROGENATED SOYBEAN OIL, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, MONO AND DIGLYCERIDES], DEHYDRATED BUTTER [CREAM, SALT], NONFAT MILK, SODIUM CASEINATE, NATURAL FLAVOR), SHORTENING POWDER (PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, MONOGLYCERIDES), MILK SUBSTITUTE (WHEY AND SODIUM CASEINATE), SALT, TETRASODIUM PYROPHOSPHATE, MONO AND DIGLYCERIDES, ARTIFICIAL COLOR, XANTHAN GUM, CELLULOSE GUM, NATURAL COLOR, SODIUM ACID PYROPHOSPHATE. FRESHNESS PRESERVED WITH SODIUM BISULFITE, CITRIC ACID, BHA, AND BHT. **CONTAINS:** MILK, WHEAT, SULFITE INGREDIENTS.

CAJUN GRAVY: WATER, BISCUIT DRESSING AND SHORTENING [SOYBEAN OIL, WATER, SALT, HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES, AND SOYBEAN LECITHIN (SOY), SODIUM BENZOATE ADDED AS A PRESERVATIVE, LACTIC ACID ADDED TO HELP PROTECT FLAVOR, ARTIFICIAL BUTTER FLAVOR, CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, COLORED WITH BETA CAROTENE, AND VITAMIN A PALMITATE ADDED], GROUND CHICKEN GIZZARDS, SMOKED PORK TASSO [BONELESS UNCOOKED CURED PORK SHOULDER BUTTS (PORK SHOULDER BUTTS BONELESS, WATER, SALT, SUGAR, SODIUM ERYTHORBATE, SODIUM NITRITE), WATER, SMOKE FLAVORING, TASSO SEASONING (SALT, SUGAR, GARLIC, ONIONS, PEPPER AND OTHER NATURAL SPICES)], BELL PEPPERS, GROUND BEEF, ENRICHED BLEACHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], PORK BASE [SALT, OVEN ROASTED PORK, MONOSODIUM GLUTAMATE, CORN OIL, SUGAR, MODIFIED CORN STARCH, NATURAL FLAVORING, CARAMEL COLOR, SOYBEAN OIL), FOOD STARCH MODIFIED, TURKEY STOCK CONCENTRATE [CONCENTRATED TURKEY STOCK, CONCENTRATED CHICKEN STOCK, SALT, TURKEY FAT, TURKEY MEAT INCLUDING NATURAL TURKEY JUICES, MONOSODIUM GLUTAMATE, HYDROLYZED SODIUM CASEINATE {FROM MILK}, SUGAR, CHICKEN FAT, MODIFIED FOOD STARCH, GELATIN, NATURAL FLAVORING, WHEY, YEAST EXTRACT AND CARAMEL COLOR], BEEF BASE [SALT, ROASTED BEEF AND CONCENTRATED BEEF STOCK, HYDROLYZED (CORN GLUTEN, SOY, CORN AND WHEAT) PROTEIN, MONOSODIUM GLUTAMATE, CORN OIL, SUGAR, NATURAL FLAVORING, DRIED WHEY, CARAMEL COLOR, YEAST EXTRACT, SOY LECITHIN, SULFITES], TURKEY BASE [SALT, TURKEY MEAT INCLUDING NATURAL TURKEY JUICES, MONOSODIUM GLUTAMATE, SUGAR, CHICKEN FAT, FOOD STARCH MODIFIED, TURKEY BROTH, DRIED WHEY {MILK}, FLAVOR, CORN OIL, CARAMEL COLOR), IN HOUSE MODIFIED MEAT MIX SEASONING FOR POPEYE'S CAJUN GRAVY #3 [ONIONS, BELL PEPPERS, PARSLEY, CARAMEL, MONOSODIUM GLUTAMATE AND SPICES], GELATIN. **CONTAINS:** WHEAT, SOY, MILK, MSG

Cajun Rice

DRESSING: SOYBEAN OIL, WATER, SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES AND SOYBEAN LECITHIN, SODIUM BENZOATE (ADDED AS A PRESERVATIVE), LACTIC ACID ADDED TO HELP PROTECT FLAVOR. ARTIFICIAL FLAVOR CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, COLORED WITH BETA CAROTENE, VITAMIN A PALMITATE ADDED. **CONTAINS:** SOY

RICE: RICE (ENRICHED PRECOOKED LONG GRAIN RICE (RICE, NIACIN, IRON, THIAMINE MONONITRATE, FOLIC ACID)).

CAJUN MEAT: GROUND BEEF, GROUND CHICKEN GIZZARDS, WATER, MEAT MIX SEASONING 150K [SALT, SEASONING INCLUDING DEHYDRATES OF BELL PEPPERS AND PARSLEY, SPICES INCLUDING PAPRIKA, MONOSODIUM GLUTAMATE, AND CARAMEL COLOR], MEAT MIX SEASONING SP-1F0113 [GREEN ONION POWDER, GRANULATED GARLIC, FLAVOR: (HYDROLYZED CORN PROTEIN, NATURAL FLAVORING, SALT, YEAST EXTRACT, BEEF EXTRACT, AND ONION), HYDROLYZED VEGETABLE FLAVOR: (HYDROLYZED SOY PROTEIN WITH PARTIALLY HYDROGENATED VEGETABLE OIL (SAFFLOWER OIL) ADDED), NATURAL FLAVOR (ALL INGREDIENTS CONTAINED IN THIS PRODUCT ARE APPROVED FOR USE BY A REGULATION OF THE FOOD AND DRUG ADMINISTRATION OR ARE GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST), NON FLAVOR INGREDIENTS: CANOLA OIL, ALPHA TOCOPHEROL (ANTIOXIDANT)], DEHYDRATED ONIONS. **CONTAINS:** SOY

Cajun Fries

POTATOES, CANOLA OIL AND PALM OIL, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, CORN MEAL, SALT, SPICES, PAPRIKA, GARLIC POWDER, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), MONOSODIUM GLUTAMATE, DRY WORCESTERSHIRE SAUCE (MOLASSES, VINEGAR, CORN SYRUP, SALT, CARAMEL [COLOR], GARLIC, SUCROSE, SPICES, NATURAL FLAVORS, MALTODEXTRIN), SUGAR, DISODIUM DIHYDROGEN PYROPHOSPHATE **CONTAINS:** WHEAT

Cole Slaw

COLESLAW: CABBAGE, CARROTS

SLURRY: SOYBEAN OIL, SUGAR, RELISH (PICKLES, SALT, DISTILLED VINEGAR, ALUM, XANTHAN GUM, SODIUM BENZOATE AND POTASSIUM SORBATE AS PRESERVATIVES, NATURAL SPICE FLAVORS, POLYSORBATE 80), WATER, EGG YOLK, CONTAINS LESS THAN 2% DISTILLED VINEGAR, SALT, XANTHAN GUM, SODIUM BENZOATE AS A PRESERVATIVE, LEMON JUICE CONCENTRATE, GUAR GUM, CARRAGEENAN, DEXTROSE, OLEORESINS PAPRIKA AND TURMERIC (COLOR), CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, NATURAL FLAVOR. **CONTAINS:** EGG

DESSERTS

Apple Sauce

APPLES, WATER AND ASCORBIC ACID ADDED TO MAINTAIN COLOR.

Hot Cinnamon Apple Pie

CINNAMON APPLE TURNOVER: WATER, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLES, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, PARTIALLY HYDROGENATED SOYBEAN OIL AND /OR COTTONSEED OIL, PALM OIL AND/OR CANOLA WITH TBHQ. CONTAINS 2% OR LESS OF THE FOLLOWING: ASCORBIC ACID, CITRIC ACID, CARAMEL COLOR, DEXTROSE, GUAR GUM, LEAVENING (DISODIUM DIHYDROGEN PYROPHOSPHATE, BAKING SODA), MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVORING, SALT, SOY FLOUR, SPICES, SUGAR. **CONTAINS:** WHEAT, SOY

CINAMMON SUGAR: SUGAR, CINNAMON AND SPICES.

SAUCES

BARBEQUE SAUCE: WATER, TOMATO PASTE, SUGAR, DISTILLED VINEGAR, CORN SYRUP, SPICE MIX (SUGAR, DRIED ONION, DRIED GARLIC, SPICES, SALT), NATURAL HICKORY SMOKE FLAVOR, FOOD STARCH-MODIFIED, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT, LESS THAN 0.1% SODIUM BENZOATE AS PRESERVATIVE), CARAMEL COLOR, POTASSIUM SORBATE AND SODIUM BENZOATE AS PRESERVATIVES. **CONTAINS:** WHEAT, SOY

RANCH: SOYBEAN OIL, WATER, DISTILLED VINEGAR, CORN SYRUP, EGG YOLKS, SALT, DEHYDRATED BUTTERMILK, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVOR, POLYSORBATE 80, DEHYDRATED GARLIC, MONOSODIUM GLUTAMATE, DEHYDRATED PARSLEY, DEHYDRATED

ONION, XANTHAN GUM, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), LACTIC ACID, CALCIUM DISODIUM EDTA TO PROTECT FLAVOR. **CONTAINS:** EGGS, MILK

SPICY HONEY MUSTARD SAUCE: SOYBEAN OIL, WATER, MUSTARD (WATER, VINEGAR, MUSTARD SEED, SALT, TURMERIC, PAPRIKA, SPICES), HIGH FRUCTOSE CORN SYRUP, HONEY, DISTILLED VINEGAR, SUGAR, EGG YOLKS, CONTAINS 2% OR LESS OF THE FOLLOWING: BROWN SUGAR, DIJON MUSTARD (DISTILLED VINEGAR, MUSTARD SEED, WATER, SALT, WHITE WINE, CITRIC ACID, TARTARIC ACID, SPICES), FOOD STARCH MODIFIED, SALT, LEMON JUICE CONCENTRATE, TOMATO PASTE, SPICES, NATURAL SMOKE FLAVOR, DEXTROSE, TOMATO POWDER, MOLASSES POWDER, YEAST EXTRACT, NATURAL AND ARTIFICIAL FLAVORS, TOCOPHEROL, XANTHAN GUM, PROPYLENE GLYCOL ALGINATE, CAYENNE PEPPERS, CITRIC ACID, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), CORN SYRUP, EXTRACTIVES OF PAPRIKA, CARAMEL COLOR, DEHYDRATED RED AND GREEN BELL PEPPERS, CELLULOSE GUM, CHILI PEPPER, MALIC ACID, DEHYDRATED ONION, DEHYDRATED GARLIC, PAPRIKA, EXTRACTIVES OF TURMERIC, CALCIUM DISODIUM EDTA TO PROTECT FLAVOR, PARTIALLY HYDROGENATED SOYBEAN OIL. **CONTAINS:** EGG, SOY

COCKTAIL SAUCE: WATER, TOMATO PASTE, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, DISTILLED VINEGAR, HORSERADISH, SALT, LEMON JUICE CONCENTRATE, POTASSIUM SORBATE AND SODIUM BENZOATE AS PRESERVATIVES, NATURAL FLAVORINGS AND SPICE.

CONFETTI SAUCE: CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WATER, APPLE CIDER VINEGAR, SEASONING BLEND (SUGAR, CORN SYRUP SOLIDS, SALT, DEHYDRATED GARLIC, DEHYDRATED ONION, SPICES INCLUDING PAPRIKA, CORN MALTODEXTRIN), APPLE JUICE CONCENTRATE, GREEN BELL PEPPERS (GREEN BELL PEPPERS, WATER, SALT), TOMATO PASTE, MODIFIED CORN STARCH, SOYBEAN OIL, DISTILLED WHITE VINEGAR, CITRIC ACID, SALT, SPICE, SODIUM BENZOATE & POTASSIUM SORBATE AS PRESERVATIVES, XANTHAN GUM, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. **CONTAINS:** SOY

TARTAR SAUCE: SOYBEAN OIL, DILL RELISH (DICED PICKLES, WATER, SALT, VINEGAR, XANTHAN GUM, SODIUM BENZOATE AND POTASSIUM SORBATE [PRESERVATIVES], NATURAL FLAVORS), WATER, DISTILLED VINEGAR, EGG YOLKS, SEASONING (DEHYDRATED ONION, SPICES, PARSLEY, CAPSICUM, SALT), SUGAR, SALT, XANTHAN GUM, SODIUM BENZOATE (PRESERVATIVE), PHOSPHORIC ACID, ARTIFICIAL FLAVOR, CALCIUM DISODIUM EDTA TO PROTECT FLAVOR.

HONEY: HONEY, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, SUGAR, NATURAL FLAVOR, FRUCTOSE, CARAMEL COLOR.

Shortening (All of Popeyes fried items are prepared in the following shortening. This product contains some naturally occurring trans fats.)

BEEF TALLOW: PARTIALLY HYDROGENATED SOYBEAN OIL, PARTIALLY HYDROGENATED BEEF TALLOW, BHT ADDED TO HELP PROTECT FLAVOR, CITRIC ACID, AND DIMETHYLPOLYSILOXANE, AN ANTIFOAMING AGENT.

The information provided in the "Ingredients List" and otherwise on the Popeyes® website or in its restaurants is comprised from data provided by our suppliers and is current as of September 2011. The data is based on standard product formulations and portion sizes, which can vary due to sampling differences, seasonal differences, ingredient substitutions, supplier variations, slight differences in product assembly on a restaurant-by-restaurant basis, and other factors.

Ingredient information for all standard domestic Popeyes menu items is listed in the "Ingredients List." Some products may not be available at all restaurants. Products currently being tested and other limited time offerings and other regional menu alternatives may not be listed. Serving sizes may also vary slightly.

We encourage anyone with food sensitivities; allergies or other special dietary needs or concerns to consult with your local physician or dietitian prior to eating at any Popeyes restaurant. Please periodically review the "Ingredient List" and our Popeyes website as information may be updated.